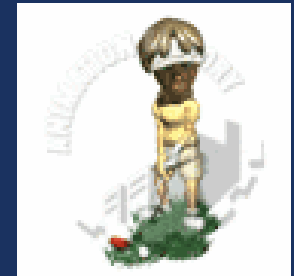
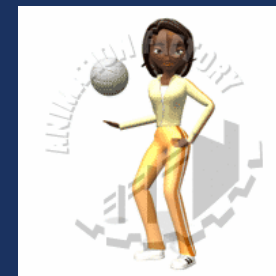
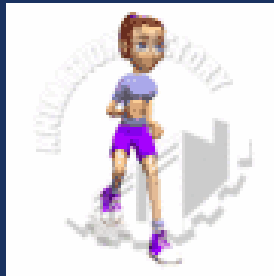
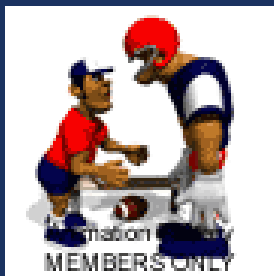


# PLEASANT GROVE HS ATHLETICS

HOME OF THE EAGLES



## Fall Sports Informational Meeting 2019



## ATHLETIC STAFF



Athletic Director – Scott Gradin

Assistant Athletic Director – David Beaudin

Assistant Athletic Director – Timothy McCrystle

Assistant Athletic Director – Rob Rinaldi

Athletic Trainer – Edgar Munoz

# ATHLETIC TRAINER



- Here to treat, diagnose, help, offer rehabilitation, and support our athletes.
- Doctor visits
  - Need a note!
- Hours are limited to 600 per season
- Concussions!
  - SWAY testing
  - Trainer will follow the CIF Return to Play Protocol
  - Once diagnosed, athlete must be cleared by doctor
  - 7 days to complete protocol once cleared by doctor

# THE FOUR AGREEMENTS



- Mutual Respect - Be Impeccable with your word
- Represent in a positive way
- Don't make assumptions
- Treat others how you want to be treated

# UNANTICIPATED RANDOM NEGATIVE EVENTS

- **EXPECT THE UNEXPECTED TO HAPPEN**

- The bus will be late
- Officials will make questionable calls
- Coaches will have bad days
- Athletes will make poor choices
- Student sections will lose their minds
- The scoreboard will be wrong



# COMMUNICATION!!

- Message delivered vs Message received
- Next day rule (includes sending an email)
- Meeting procedures-Chain of Command
  - Athlete & Coach
  - Athlete, Parents & Coach
  - Athlete, Parents, Coach & A.D.
  - Athlete, Parents, Coach, A.D. & Principal



# EXPECTATIONS



# PARENTAL INVOLVEMENT



PLEASE..... Do not attempt to confront a coach before or after a contest or practice. We prefer you wait until next day and schedule a meeting (this includes email).

- Parents can use the meeting process to ask questions and obtain information.
- The coach will discuss what the student-athlete needs to work on in order to improve but not necessarily playing time.
- The coach will only talk to a parent/guardian about his/her own child.
- If the guidelines are not adhered to, the discussion will be terminated.
- If satisfaction is not obtained, the parent/guardian should then contact the head varsity level coach in that particular sport or the athletic director if the discussion already involves the head varsity coach.
- Parents who verbally abuse a coach may be liable for harassment/slander/defamation of character.



# GAME TIME!



- Attending games are a privilege, not a right
- Fewer coaches and officials!
- Verbal abuse of officials, coaches, or players of either team will not be tolerated
  - 1<sup>st</sup> offense – verbal warning
  - 2<sup>nd</sup> offense – removal from game
  - 3<sup>rd</sup> offense – Denied entrance at all home games
- Athletics Goal – family friendly atmosphere

# STUDENT EXPECTATIONS



## Student athletes!

- Attendance: You need be in class in order to practice/play
  - 50% of the day minimum
- Grades: 2.0 gpa minimum with no more than 1 failing grade
- Student Code of Conduct: In/Out of school & on social media
  - In effect at all times
- Dugs, Alcohol and PED's
  - 4 week suspension on 1st offense
  - One calendar year suspension on 2<sup>nd</sup> offense

# EDUCATION BASED PROGRAM



We are an extension of the school day

- Our Coaches are teachers
- We prepare the person not the path
- CIF & EGUSD board policy govern our activities
- We PREPARE, PLAN and PLAY to WIN but...
- We define success of our programs beyond the scoreboard

# Goal vs. Purpose

- **Winning is the goal; its not our purpose**
- **Our purpose is teaching life lessons through sport**



**Less than 3%  
of high school athletes  
will play beyond high school at any level!**

# Star Qualities



- **Self-confidence**
- **Risk-taking**
- **Self-motivation**
- **Responsibility**
- **Self-discipline**
- **Flexibility**
- **Perseverance**
- **Working with Others**
- **Courage**
- **Commitment**
- **Focus**
- **Grit**
- **How to handle success and failure**

# Transportation



Coaches will either use district transportation (bus or van), or use assistant coaches and parents to get to games/matches.

To return to PG, one of the following methods will be used:

- Bus or van returns after game/match
- Parent takes home their child (must sign out with coach)
- Coach(es) take home team members
- Parent transports other team members
  - Fingerprinting required
    - Offered free on Back to School Night! Thurs 8/22 6-8pm
  - Transportation form required

# EARLY DISMISSAL



- There will be games/matches that our athletes will need to leave before the end of the school day so that the respective contest can start on time. Athletes are asked to follow the guidelines below when their team is dismissed early.
  - Talk with the teacher the day before
  - Remind the teacher the day of
  - Ask for assignments or work missed
  - Turn in any work missed as agreed upon with teacher
- ***It is the athlete's responsibility to get any work they missed and turn back when requested.***

# ALL SPORTS PASS



- Admission all PG home athletic events
  - Does not include playoffs or fundraisers (Powderpuff, donkey basketball, foundation games, etc)
- \$200 for a family pass for 4
- \$110 for a 2 person pass
- Available on line at [pghs.egusd.net](http://pghs.egusd.net)
  - Parents tab – Web Store